



Name: Dr. Soma Pramanik

Designation: Assistant Professor in Psychology

Qualifications: M.Sc, M.Phil., Ph.D.

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Biographical Sketch

Dr. Soma Pramanik is an Assistant Professor in Department of Psychology, Faculty of Arts & Social Studies, St. Xavier's University, Kolkata. She completed her post-graduation in Psychology with merit ranking, from University of Calcutta, in 2011. She has done M.Phil in Clinical Psychology from Institute of Psychiatry- Centre of Excellence, Kolkata, in 2014, and is a RCI registered clinical psychologist. Dr. Pramanik has completed Ph.D. in Psychology with UGC-NET JRF fellowship (Psychology) and has been awarded with the degree in July, 2022.

Dr. Pramanik has worked as Assistant Professor in Psychology for two years, teaching at both undergraduate and postgraduate level. She has also been employed as full-time clinical psychologist and has worked with both children and adults during her tenure. Her research interests include qualitative research, positive psychology and clinical psychology. She has several publications in national peer-reviewed journals and has conducted various seminars for mental health professionals.

Dr. Pramanik believes in human beings' innate capacity to grow and transform to become more adaptive individuals, who would be "present" for themselves and others in their milieu.

Areas of Specialisation and Research

- Qualitative research
- Clinical psychology
- Positive psychology

Teaching Experience

- Assistant Professor in Psychology, Department of Applied Psychology, School of Health Sciences, The Neotia University, West Bengal: 7 months: June 2022- December 2022.

- Assistant Professor in Psychology, Department of Psychology, NSHM Institute of Health Sciences, NSHM Knowledge Campus, Durgapur, West Bengal: 1 year 8 months: September 2020- May 2022.
- Taught students of M.Sc. in Neuroscience, University of Calcutta selected topics of clinical psychology, health psychology and psychometric assessment as UGC-NET Senior Research Fellow: 1 year: August 2017- July 2018.

Administrative Responsibility

Departmental Administration

- Served as Program Coordinator, Department of Psychology, NSHM Knowledge Campus, Durgapur, from January 2021 to May 2022, responsible for all administrative affairs of the department and ensured smooth functioning of the same.

Examinations

- Served as Paper setter and Examiner for University Examinations, The Neotia University (June 2022- December 2022)
- Served as Paper setter and Examiner for University Examinations, Maulana Abul Kalam Azad University of Technology (October 2020- May 2022)

Syllabus & Curriculum Preparation/ Revision

- Served as member of Board of Studies for revision of M.Sc. in Applied Psychology curriculum and syllabus, The Neotia University, July, 2022.
- Served as member of Board of Studies for preparation of Choice Based Credit System curriculum of B.Sc. in Behavioural Sciences & Applied Psychology course, Maulana Abul Kalam Azad University of Technology (October 2020- January 2022).

Miscellaneous Administrative Roles and Responsibilities

- Organised Mental Health Awareness Camp for students and faculty members of NSHM Knowledge Campus, Durgapur on the occasion of World Mental Health Day

- Organised Emotional Health Awareness camp for students of The Neotia University on the occasion of World Suicide Prevention Day.
- Organised two-day workshop on Thematic Apperception Test for students and mental health professionals at The Neotia University.

Publications

- Das, S., **Pramanik, S.**, Ray, D., & Banerjee, D. (2020). "The Unheard Voices": lived experiences of Sexual abuse in Male Survivors. *Indian Journal of Psychological Medicine*, 0253717620972912.
- **Pramanik, S.**, & Ray, D. (2018). Subjective construal of happiness among urban educated Bengali youth: A preliminary study using grounded theory approach. *Indian Journal of Positive Psychology*, 9, 78-82.
- Das, S., **Pramanik, S.**, Ray, D., & Banerjee, M. (2016). The process of meaning making from trauma generated out of sexual abuse in childhood. *Indian Journal of Positive Psychology*, 7(3), 366.
- **Pramanik, S.**, & Ray, D. (2015). Beyond autonomy exploring euthanasia and abortion in contemporary urban educated Bengalis. *Indian Journal of Positive Psychology*, 6(1), 84.